

RYAN K. SALLANS, M.A.

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National Speaker, LGBTQ Trainer, Consultant, Author and Mentor

E D U C A T I O N

- University of Nebraska – Lincoln – 2001 – 2005
Master of Arts in Educational Psychology (*Specialization in Human Health Behavior*)
- University of Nebraska – Lincoln – 2002 – 2004
Master of Arts in English (*Specialization in Creative Writing*)
- University of Nebraska – Lincoln – 1997 – 2001
Bachelor of Arts in Anthropology and English (*Graduated with Distinction*)

R E L E V A N T P R O F E S S I O N A L E X P E R I E N C E

Ryan Sallans, LGBTQ Trainer & Consultant

Sole Proprietor, August 2006 - Present

Consulting and training for agencies and organizations seeking to provide or enhance services for LGBTQ clients and employees. Areas of specialization include: creating affirming environments, reviewing and processing staff and peer bias, understanding terminology and how one can change language (including documentation), increasing resources surrounding medical and mental health care, identifying community resources, and hormone therapy development and implementation.

Planned Parenthood of the Heartland – 2246 “O” St, Lincoln, NE 68510

Sharon Miller (515)235-0446

Health Educator, September 2009 – February 2011

Implemented new programming and trainings with a focus on fostering diversity, health education and awareness. Educated general populations on areas surrounding health care and diversity.

Trained professionals on ethics and treatment of diverse clients. Increased organizations programming and services for LGBTQ clients including manual development, staff trainings, and community liaison between clients and staff. Facilitated support group(s) for FTM and questioning female-bodied individuals.

Southeast Community College – 8800 “O” Street, Lincoln, NE 68520

Carrie Rocco-Healy (402)437-2746

Adjunct Faculty, October 2009 – January 2011

Taught and facilitated Group Theory and Process. Guest speaker in human services and psychology classrooms.

Planned Parenthood of Nebraska & Council Bluffs – 2246 O Street Lincoln, NE 68510,
LeeAnn Pancharoen (402)441-3323

Community Educator & Internal Communications/Web Developer, August 2005 – September 2009

Worked in schools and university systems in Nebraska and surrounding regions on topics related to human sexuality and society.

P U B L I C A T I O N S

Second Son: Transitioning toward My Destiny, Love and Life. TitleTown, 2012.

"Finding Me: Looking Past the Surface to Discover My Transgender Identity." *Nationaleatingdisorders.org*. National Eating Disorders Association, 26 Feb. 2012.

Lost Boots, Plains Song Review, Volume II, 2000.

M E D I A A P P E A R A N C E S

Featured character on Gender Rebel, LOGO Channel, airing August 2006.

Guest Panelist, Larry King Live!, August 2007.

Guest Panelist, Larry King Live!, July 2009.

Feature in the UK Closer Magazine, I Beat Anorexia by Becoming a Man, August 2009.

Feature Story, One Man's Story of Being Transgender in Nebraska, KOLN/KGIN Special News Report, December 2011.

S P E A K I N G V E N U E S

Organizational Presentations

Over 300 presentations to organizations and schools on topics of lesbian, gay, bisexual and transgender social and medical issues and body image, eating disorders and wellness.

Professional Training and Development

Doane College, Equity Team Staff Development, 2012, Crete, Nebraska.
Meeting: "Transgender Inclusion and Student Affairs."

University of Nebraska-Kearney, Professional Staff Development Training, 2012, Kearney, Nebraska.
Presentation: "Stepping Toward a Trans-Inclusive Campus."

Allegheny College, Professional Staff Development Training, 2012, Meadville, Pennsylvania.
Presentation: "Stepping Toward a Trans-Inclusive Campus."

Allegheny College, Residence Life Student Staff Development Training, 2012, Meadville, Pennsylvania.
Presentation: "Trans* Generation."

University of Nebraska-Omaha, All-Staff Training, 2011, Omaha, Nebraska.
Presentation: "Stepping toward a Trans-Inclusive Campus."

BryanLGH Independence Center, Drug & Alcohol Counselor Training, 2011, Lincoln, Nebraska.
Presentation: "Working with LGBTQ Clients: Exploring Identity, Abuse and Treatment."

University of Nebraska-Omaha, Chi Sigma Iota Honor Society, 2011, Omaha, Nebraska.
Presentation: "Enhancing your Clinical Practices: Working with Transgender Clients."

Lincoln Public School System, School Counselor Training, 2011, Lincoln, Nebraska.
Presentation: "Exploring Gender Identity and Expression."

Planned Parenthood of the Rocky Mountains, Educator Training, 2011, Denver, Colorado.
Presentation: "Working with LGBTQ Youth."

Planned Parenthood of the Rocky Mountains, All-Staff Training, 2011, Denver, Colorado.
Presentation: "FTM: Scouting the Unknown."

Lincoln Public School System, Equity Training, 2011, Lincoln, Nebraska.
Presentation: "Bullying and Language in the School System."

Sensitivity Training at Large Company, 2011, Omaha, Nebraska.
Presentation: "Workplace Transition."

Planned Parenthood of the Heartland, Professional/Community Training, 2010, Lincoln, Nebraska.
Presentation: "Gender Roles: Westernized Society Influence on Learning and Love."

Nebraska Wesleyan University, Transgender Task Force Meeting, 2010, Lincoln, Nebraska.
Presentation: "College Campus and Trans Inclusion."

Nebraska Domestic Violence Sexual Assault Coalition, Executive Directors Meeting, 2010, Lincoln, Nebraska.
Presentation: "Working with Transgender Clients."

Planned Parenthood of the Heartland, Professional/Community Training, 2010, Lincoln, Nebraska.
Presentation: "Sexuality and Body Image: Understanding our sexual and sensual selves."

Planned Parenthood of the Heartland, Medical Staff Training, 2009, Lincoln, Nebraska.
Presentation: "Serving LGBT Clients in Your Healthcare Setting."

Planned Parenthood of the Heartland, Medical Staff Training, 2009, Lincoln, Nebraska.
Presentation: "Providing Healthcare for Transgender Clients."

Southeast Community College, Health Services Training, 2007, Lincoln, Nebraska.
Presentation: "Eating Disorders: Beyond the Numbers."

Conference Presentations:

University of Rhode Island Annual LGBTIQQ Symposium, 2012, Kingston, Rhode Island
Keynote Presentation: "Sexuality and Body Image."

Queering Psychotherapy Conference for Mental Health Providers, 2012, Omaha, Nebraska
Presentation: "Queering the Line."

Professional Transgender Resource Network Conference, 2012, Omaha, Nebraska.
Presentation: "Medical Aspects of Transitioning."

Arizona Psychoanalytic Society, Salon, 2011, Scottsdale, Arizona. Presentation: "How Does the Mind Hold Memories of the Self, When Memories of the Body Self Have Changed? A Narrative on FTM Transgender."

World Professional Association for Transgender Health, Biennial Symposium, 2011, Atlanta, GA.
Presentation: "Starving, Scaring and Suffering: Eating Disorders and the Transgender Community."

Gender Odyssey 10th Annual Conference, 2011, Seattle, Washington,.
Presentation: "My Metoidioplasty."

University of Nebraska-Kearney Social Work Department, 3rd Annual Child Welfare Conference, 2011, Kearney, Nebraska. Presentation: "Diversity Among LGBTQ Youth: Needs, Trends, and Out Society."

Philadelphia 9th Annual Trans-Health Conference, 2010, Philadelphia, Pennsylvania.
Presentation: "Providing Hormone Therapy in Your Clinic."

Citizens for Equal Protections Conference, 2010, Lincoln, Nebraska.
Presentation: "Taking Charge of Your Health: Advocating for a Healthier You."

Iowa Annual LGBT Youth Conference, 2009, Des Moines, Iowa.
Presentation: "What the Health? A Look at Transgender Health."

"Transitioning: An FTM Journey" Philadelphia 8th Annual Trans-Health Conference, June 2009.

FutureNET Family Planning Conference, 2009, Des Moines, Iowa.
Presentation: "Understanding the Differences: Gender Identity and Gender Expression."

Drawing Water from a Deeper Well, 2008, Indianapolis, Indiana.
Presentation: "Providing Hormone Therapy in your Medical Setting."

6th Annual HIV/AIDS & STD Conference, 2008, Kansas City, Missouri.
Presentation: "Body Talk and Eating Disorders among LGBTQ Youth and Young Adults"

Nebraska Chapter of Social Worker's Conference, 2008, Omaha, Nebraska.
Presentation: "Working with Transgender Clients: 102"

10th Annual Colorado Goldrush Conference, 2008, Denver, Colorado.
Keynote Presentation: "A Traveling Journey ."

Gender Odyssey Conference, 2007, Seattle, Washington.
Presentation: "The Way We See It: Body Image and Transmen."

FutureNET Family Planning Conference, 2007, Ames, Iowa.
Presentation: "Body Talk & Eating Disorders: Influences Surrounding GLBTQ Youth."

Nebraska Chapter of Social Worker's Conference, 2007, Omaha, Nebraska.
Presentation: "Working with Transgender Clients: 101."

Nebraska GLBT College Conference, 2007, Lincoln, Nebraska.
Keynote Presentation: "Monkeys and the Barrel: Exploring Multiple Identities."

Planned Parenthood Federation of America National Audio-Conference, 2007.
Presentation: "Providing Services to Transgender People ."

Forge Forward Conference, 2007, Milwaukee, Wisconsin. Presentation: "Reflection in the Mirror? Body Image and Eating Disorders Within the Trans Community."

National Gay and Lesbian Creating Change Conference, 2006, Kansas City, Missouri.
Presentation: "Moving Health Care Systems to Being Trans-Friendly."

PFLAG Better Living Conference, 2006, Lincoln, Nebraska. Presentation: "Reflection in the Mirror: Eating Disorders & Body Image in the LGBT Community."

College Campus Speaking Events

"FTM: Scouting the Unknown."

University of Rhode Island, April 2012

Buena Vista University, March 2012

Doane College, March 2012

Allegheny College, January 2012

Nebraska Wesleyan University, December, 2011

Bloomsburg University, October, 2011

University of North Carolina Wilmington, April 2011

Warren-Wilson College, April 2011

University of Nebraska-Kearney, January 2011

University of Georgia-Athens, November 2010

University of Wisconsin-Parkside, November 2010

University of Wisconsin-Parkside, April 2010

Kansas State University-Salina, November 2009

State University of New York-Oswego, November 2009

Creighton University, April 2009

Bowling Green State University, April 2007

Bowling Green State University, November 2006

Doane College, Education Department, 2012, Crete, Nebraska.
Presentation: "Exploring Gender Diversity in the Classroom."

University of Nebraska-Kearney, Eating Disorder Awareness Week, 2012, Kearney, Nebraska.
Presentation: "The Incredible Shrinking Coed."

University of Nebraska-Lincoln, College of Law Student Club, 2011, Lincoln, Nebraska.
Presentation: "Social & Legal Implications Affecting the Transgender Community."

University of Nebraska-Omaha, All-Campus Event, 2011, Omaha, Nebraska.
Presentation: "Transgender Embodiment."

University of Nebraska-Lincoln, 2010 and 2011. Presentation: "Male Body Image: How our society impacts young boys and men."

Hastings College, Transgender Day of Remembrance, 2009, Hastings, Nebraska.
Presentation: "A Look into the History of Transgender Communities."

University of Nebraska-Lincoln, Eating Disorders Awareness Week, 2008, Lincoln, Nebraska.
Presentation: "Women's Dress Reform: Replacing the external corset to an internal confine."

"Sexual Orientation and Society."

Southeast Community College, bi-annually, 2005 - present

Doane College, annually, 2006 – present

BryanLGH College of Allied and Health Services, annually, 2008 – present

Nebraska Wesleyan University, Transgender Day of Remembrance, 2007, Lincoln, Nebraska.
Presentation: “Transcending Gender.”

P R O F E S S I O N A L A F F I L I A T I O N S

Arizona Psychoanalytic Society, Member, 2011 – Present.

Ally Mentoring, Board Member, 2011 – Present.

Professional Transgender Resource Network, Member, 2009 – Present.

Outspeaking LGBTQ Speaker’s Bureau, Member, 2008 – 2011.